

# 2020-21 Lane County-CCO Prevention Plan

BHASC

November 20, 2019

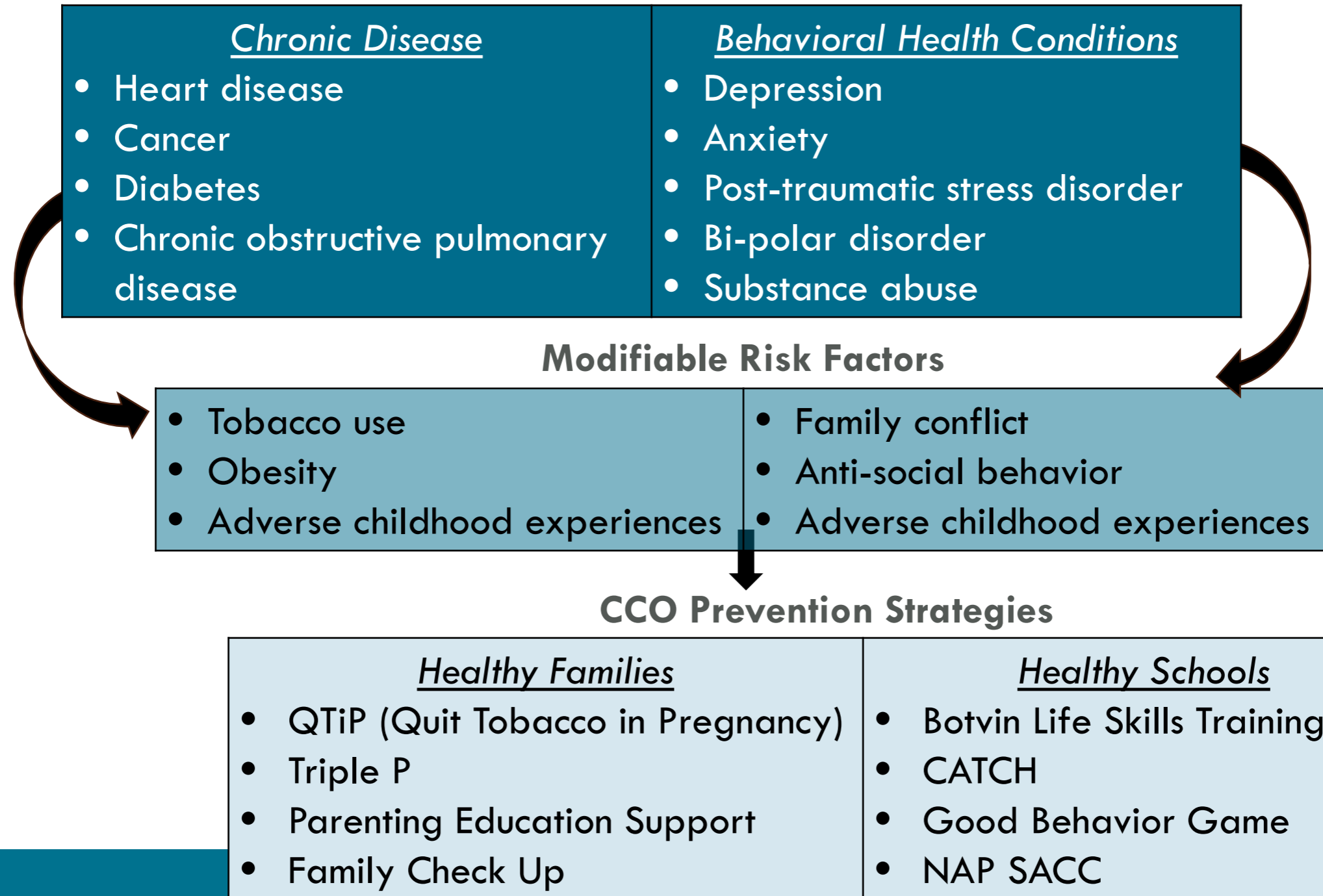
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**PUBLIC HEALTH**  
PREVENT. PROMOTE. PROTECT.

# CCO Prevention Priorities

Conditions with highest cost and prevalence



## Conditions with highest cost and prevalence

### Chronic Disease

- Heart disease
- Cancer
- Diabetes
- Chronic obstructive pulmonary disease

### Behavioral Health Conditions

- Depression
- Anxiety
- Post-traumatic stress disorder
- Bi-polar disorder
- Substance abuse



## Modifiable Risk Factors

- |   |  |
|---|--|
| <ul style="list-style-type: none"><li>• Tobacco use</li><li>• Obesity</li><li>• Adverse childhood experiences</li></ul> | <ul style="list-style-type: none"><li>• Family conflict</li><li>• Anti-social behavior</li><li>• Adverse childhood experiences</li></ul> |
|---|--|



## CCO Prevention Strategies

### Healthy Families

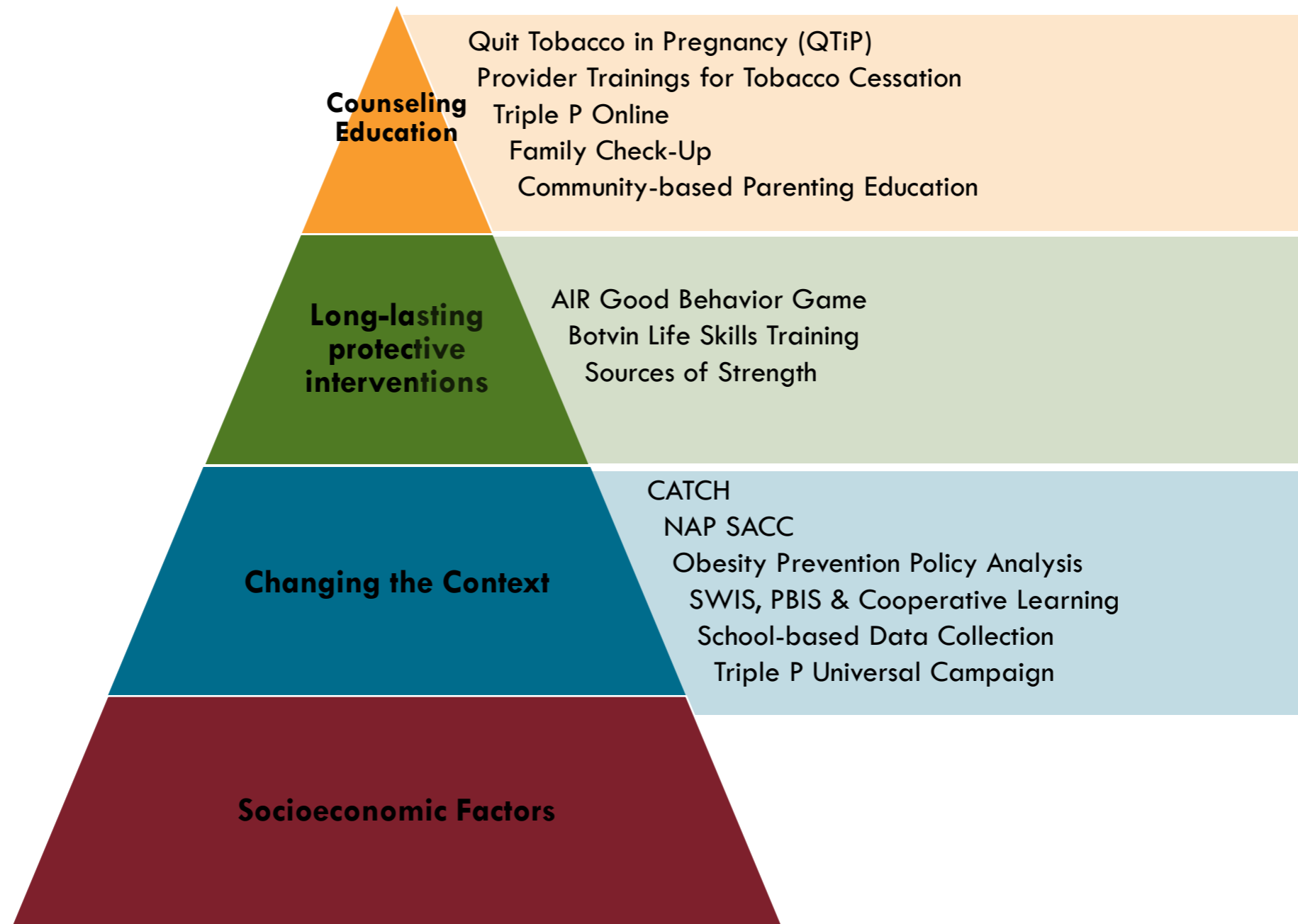
- QTiP (Quit Tobacco in Pregnancy)
- Triple P
- Parenting Education Support
- Family Check Up

### Healthy Schools

- Botvin Life Skills Training
- CATCH
- Good Behavior Game
- NAP SACC



# Prevention Plan Approach



# Tobacco Prevention Strategies

- Tobacco cessation trainings for providers
- QTiP (Quit Tobacco in Pregnancy)
- Botvin Life Skills Training (grades 6-8)
- Good Behavior Game (grades K-2)
- **Student Health Survey Support**



# Childhood Obesity Strategies

- NAP SACC (Nutrition and Physical Activity Self Assessment for Child Care)
- CATCH (Coordinated Approach to Child Health) – Early Childhood, K-5, 6-8
- **Obesity Prevention Policy Analysis**





# Mental Health Promotion Strategies

- Triple P (Positive Parenting Program)
- Family Check-Up
- Community-based Parenting Education
- **Support for Prosocial Behavior in Schools**
- **Sources of Strength**



# About Lane County Public Health

- OUR MISSION is to promote and protect the long-term health and well-being of individuals, families and our community.
- OUR VISION is optimal health for all people in Lane County.
- Learn more: [lanecounty.org/publichealth](https://lanecounty.org/publichealth)



# Thank you!

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